

Reference: RA5

Newland Express Transport Ltd

Risk Assessment

Title	Ergonomics	Date Of Assessment	Mon 08 Jan 2024
Site	Newland Express Transport Ltd	Location	Offices
Risk Assessor	James Asbrey	Assisted By	-
Non-Employees Involved	-	People At Risk	Employees
Task Description	Assessment of work tasks and workstation design to reduce strain, discomfort, and musculoskeletal injury.		
Risk Rating 	Low		
Review Date	Fri 08 Jan 2027	Reviewer	James Asbrey

Hazards

Hazard	Repetitive Movements
Risk Of Harm	Aches and pains
Existing Control Measures	DSE completed by all relevant employees. Instruction, information and training provided for employees.

Past Reviews

Review Date	Reviewer	Comments
Thu 08 Jan 2026	James Asbrey	Reviewed
Wed 08 Jan 2025	James Asbrey	Reviewed.