



**Newland Express Transport Ltd**

**Employee Safety Handbook**



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## Newland Express Transport Ltd



### Employee Safety Handbook

This handbook has been prepared to provide you with information about our Health and Safety Policy, procedures and arrangements. It also includes information about your duties as an employee and will help you to understand health and safety issues which affect you at work.

### What The Law Requires

We are required to have a written Safety Statement for the protection of our employees and others who may be affected by our work activities. Our Safety Statement reflects our commitment to the provision of a safe working environment. We are legally required to identify the duties and responsibilities for employees who have a specific role in managing health and safety in our business.

We also have a responsibility and duty to ensure that you are:

- Aware of and understand our Health and Safety General Policy;
- Aware of and understand the health and safety rules relating to your work;
- Provided with adequate information, instruction, training and supervision;
- Made aware of the significant risks associated with your work activities and how they may affect others;
- Provided with Safe Systems of Work; and
- Provided with a safe and healthy working environment.

The policy is reviewed at regular intervals.

We ask you to acknowledge that you have read and understood the rules set out in this handbook, that you will obey them and any other rules or changes that are drawn to your attention. We will also provide, as appropriate, additional documents, training and instruction to help you to carry out your work safely and without risk to your health.

## Health & Safety General Policy Statement



Newland Express Transport Ltd recognises that it has responsibilities for the health and safety of everyone at work on behalf of our business whether on our premises or elsewhere. We will assess the hazards and risks faced by our workforce while at work and other people and take action to minimise the hazards and control risks to an acceptable, tolerable level.

Our managers and supervisors are made aware of their responsibilities and required to take all reasonable precautions to ensure the safety, health and welfare of our workforce and anyone else likely to be affected by the operation of our business.

We will meet these obligations by providing and maintaining a safe and healthy working environment so far as is reasonably practicable. This will be achieved by-

- Providing leadership and adequate control of identified health and safety risks.
- Consulting with our workforce on matters affecting their health and safety.
- Providing and maintaining safe plant and equipment.
- Ensuring the safe handling and use of substances.
- Providing information, instruction, training where necessary for our workforce, taking account of any who do not have English as a first language.
- Ensuring that every member of our workforce is competent to do their work, and giving them appropriate training.
- Preventing accidents and cases of work related ill health.
- Taking account of public footpaths and rights of way crossing our holding.
- Actively managing and supervising health and safety at work.
- Having access to competent advice.
- Aiming for continuous improvement in health and safety performance and management by regular review and revision of this policy.
- The provision of the resource, financial and other, required to make this policy and our health and safety arrangements effective.

We also recognise-

- Our duty to co-operate and work with other employers when we work at premises or sites under their control to ensure the continued health and safety of all those at work; and
- Our duty to co-operate and work with other employers and their workers, when their workers come onto our premises or sites to do work for us, to ensure the health and safety of everyone at work.

To help achieve our objectives and ensure our workers recognise their duties under health and safety legislation whilst at work, we will also remind them of their duty to take reasonable care for themselves and for others who might be affected by their activities. These duties are explained on first employment, at induction. A Safety Handbook, which sets out their duties and includes specific health and safety rules, is given to every member of our workforce.

Our policy, procedures and arrangements will be reviewed annually.

Signature ..... Date .....

Position .....

## Health and Safety Organisation

The Managing Director has allocated specific responsibilities for managing health and safety at work to managers and supervisors as set out here and in the following pages.



## Responsibilities

Responsibilities are allocated to managers and supervisors as shown in this table.

### Key

MD - Managing Director

HSC - Health and safety Coordinator

<b>Safety arrangements</b>	<b>MD</b>	<b>HSC</b>
Managing Safety And Health At Work	✓	✓
Accident, Incident, Ill-Health Reporting And Investigation		✓
Workplace Health And Safety Consultation		✓
Risk Assessment And Hazard Reporting		✓
Occupational Health And Health Surveillance		✓
Substance And Alcohol Abuse	✓	✓
Purchasing	✓	✓
New And Expectant Mothers		✓
Lone Working		✓
Health And Safety Training		✓
Health And Safety Of Visitors	✓	✓
Personal Protective Equipment		✓
Employing Agency And Temporary Staff	✓	
Safe Systems Of Work		✓
Action On Enforcing Authority Reports	✓	✓
Equality And Disability Discrimination Compliance	✓	✓
Health And Safety Information For Employees		✓
Fire Safety - Arrangements And Procedures	✓	✓
First Aid		✓
Welfare, Staff Amenities, Rest Rooms And The Working Environment		✓
Housekeeping And Cleaning		✓
Pest Control		✓
Building Services		✓
Control Of Hazardous And Non-Hazardous Waste		✓
Access, Egress, Stairs And Floors		✓
Windows, Glass And Glazing In The Workplace		✓
Workplace Signs		✓
Working In The Open Air, Working In The Sun		✓
Water Temperature Control		✓

<b>Safety arrangements</b>	<b>MD</b>	<b>HSC</b>
Premises		✓
Electrical Safety		✓
The Provision, Use And Maintenance Of Work Equipment		✓
Hand Tools		✓
Office Equipment		✓
Storage Of Chemical Substances And Agents		✓
Slips, Trips And Falls		✓
The Safe Use Of Machinery		✓
Lifting Equipment And Lifting Operations		✓
Work At Height		✓
Access Equipment		✓
Permits To Work		✓
Hot Work		✓
Workplace Transport Management And Pedestrian Control		✓
Fork-Lift Trucks		✓
Battery Charging		✓
Occupational Road Safety		✓
Occupational Road Safety - Bridge Strikes		✓
Racking Storage Systems And Mezzanine Floors	✓	✓
Safety Harnesses And Lanyards		✓
Working Time, Night Work And Shift Working		✓
Manual Handling		✓
Display Screen Equipment		✓
Legionella Control		✓
Use Of Chemical Agents And Substances		✓
Asbestos At Work - Survey Acms Present, No Off-Site Risk		✓
Stress In The Workplace		✓
Aggression And Violence		✓
Contractor Control And Management		✓
Construction Design And Management Client	✓	✓

## Newland Express Transport Ltd

### Key Health and Safety Responsibilities

#### Introduction

Health and safety legislation requires us to make arrangements to protect your health, safety and welfare whilst at work and anyone else (visitors, contractors, etc) who could be affected by our business activity.

To help us comply with these duties we have assigned specific health and safety responsibilities as shown on the previous page.

In addition, we have a health and safety management system that includes:

- Our Health and Safety Policy
- Safety responsibilities for key personnel.
- Safety arrangements to deal with health and safety issues in our business.
- Risk assessments.
- Procedures to deal with emergencies.
- Employee safety rules
- Additional information such as documented Safe Systems of Work, specific safety rules and fire precautions, are also provided.

Other health and safety information provided to employees includes:

- Health and safety booklets and information sheets
- Information about significant findings from risk assessments and action to be taken.
- Information relating to Safe Systems of Work and procedures.

## Employees' Legal Responsibilities

All employees have a legal duty to take reasonable care for themselves and others and to co-operate with management on all aspects of health and safety.

- You must co-operate with and follow all emergency arrangements.
- You must ensure that you report all accidents, near misses or damage to equipment and property as soon as possible. You must co-operate and assist with accident or incident investigations when asked.
- You must not interfere with or deliberately damage anything provided in the interests of health, safety, and welfare. This includes alteration, removal or deliberate disablement of guards and other safety devices and unauthorised alteration or repair of equipment.
- You must carry out your tasks in a safe manner and follow any instructions, procedures or Safe Systems of Work given to you by managers and supervisors. If you identify a hazard or hazardous situation, you must immediately, or as soon as possible report, it to the person managing the work.
- You also have a duty to ensure that all personal protective equipment provided for you is worn as directed, kept clean, maintained, and stored in the correct manner.

Remember that these are statutory duties. The Enforcing Authorities can prosecute individual employees who fail to comply. Prosecution can result in heavy penalties - fines and or imprisonment.

### Safety Rules

This section outlines some of the general health and safety rules that apply while you are working for us. There may be other more specific procedures where particular working practices apply and for which training, and instruction will be provided.

### Accident Procedures

- All work-related injuries, however minor, must be reported to your manager at the earliest opportunity and recorded in the Accident Book.
- Report all injuries, incidents, near misses, dangerous occurrences and damage to property or equipment to your manager at the earliest opportunity.

### Working Practices

- Always use a fuel retriever or adaptor when emptying petrol tanks and lines.
  - Do not drain petrol tanks or lines above or near to an inspection pit or drain.
- Do not attempt to repair or replace airbags or seat belt pre-tensioners unless authorised and specifically trained.
- Do not attempt any work on an electric vehicle if you have not received specific training.
- You may only use your mobile phone at designated break times.
- Do not operate any equipment or use hazardous and dangerous substances unless you have been trained and authorised.
- Use all work equipment in accordance with your training and instruction. Before use check that it is safe and in full working order.
- Report faulty, damaged, defective or malfunctioning equipment to your manager without delay. Do not attempt repairs unless you have been trained and authorised.
- When cleaning work equipment you must use the correct procedure as instructed.
- Work equipment must not be left switched on without someone in control of it.
- If you are under 18 years old you must not operate or clean dangerous machinery without direct supervision and instruction.
- Use all hazardous substances in accordance with written assessments, procedures and instructions.
- Hazardous, flammable or explosive substances that are not in immediate use must be stored correctly in their designated safe storage areas.
- Always follow our Drugs and Alcohol Policy.
- Carry out manual handling tasks as instructed and according to your training.

- You must comply with all of our safe working procedures.
- When at work you must always wear suitable footwear.

### Working Conditions and Working Environment

- Always use the correct tools provided for your work.
- Clear up spillages as soon as possible, clean as you go. If the spillage is of a hazardous substance report it to a manager.
- All hazardous waste must be disposed of in a safe and approved manner.
- Do not allow hazardous substances to enter drains or sewers.
- Keep floors and other work areas free from obstruction and all other areas clean and tidy. Clean as you go.
- Dispose of all rubbish and waste materials as instructed.
- You must report any hazardous conditions to management.

### Fire Precautions

- Do not carry out any hot work on or near any fuel tank or fuel line, petrol, diesel or LPG.
- Do not obstruct any fire escape route, fire equipment or fire doors at any time. Locked or obstructed fire escape routes must be reported immediately to management.
- You must comply with all established emergency procedures.
- You must report any use of firefighting equipment to management.
- Do not attempt to fight fires unless you have been trained how to do so.
- You must not interfere with or misuse any fire equipment provided.
- Fire doors must be kept closed at all times unless they are fitted with an automatic closing device linked to the fire alarm.

### Hygiene

- You must maintain high standards of personal hygiene at all times when at work.
- You must protect all open wounds with a suitable dressing.
- You must not consume food or drinks in a place where it may become contaminated.
- Use and treat the toilets, washing and welfare facilities with care and respect, keep them clean and tidy so that the risk of contamination and cross-infection are minimised.

### Health

- Report any medical condition, symptoms or use of medication which could affect your safety or the safety of others to management. Failure to do so could result in disciplinary action.
- You must inform your manager, as soon as possible, if you are pregnant.
- You must inform management of any infections or illness immediately. Decisions to keep you away from work, due to illness, will only be taken after careful consideration.
- You must not attend work under the influence of either alcohol or illegal drugs.
- Ensure that the personal protective equipment issued to you is correctly used, maintained and stored in accordance with the instructions given to you. Notify your manager when it needs to be replaced.
- Always wash your hands after removal of personal protective equipment and on the completion of work.

### Hazard Warning Signs, Signals and Notices

- You must comply with all workplace warning signs, signals and notices displayed.

## Vehicles

- You must tell us, without delay, about endorsements or changes to your driving licence.
- You must tell us immediately about any medical condition likely to affect your ability to drive.
- Regular safety checks must be carried out on all work vehicles.
- Do not drive or operate any work vehicles without approval.
- You must not allow unauthorised passengers in work vehicles.
- You must not use work vehicles for unauthorised purposes.
- You must not overload work vehicles.
- You must not use a handheld mobile phone whilst driving.
- Smoking is not permitted in work vehicles.

## Protective Clothing and Equipment

- Use all personal protective equipment as instructed.
- You must not damage or misuse personal protective equipment.
- After use personal protective equipment must be properly cleaned and stored correctly.
- You must inform your manager about damaged, defective or lost personal protective equipment.

## Gross Misconduct

- You will be liable to summary dismissal if you are found to have acted in either of the following ways:
  - Serious breaches of the preceding health and safety rules, which endanger the lives of or may cause serious injury to employees or any other person.
  - Interference with or misuse of any equipment for use at work, such that it may cause harm.

## Hazard Reporting

If you have concerns about health or safety hazards in the workplace you should raise them with your line manager so that they do not go unnoticed and remedial action can be taken.

Recognising that some people can feel uncomfortable about raising hazard issues we also have a system which allows you to report your concerns in writing and (should you choose) anonymously. Complete the Hazard Log form at the back of this handbook, put it in an envelope and place it in the mailbox.

Should you need additional Hazard Log forms or would rather not use the one in this booklet you can get additional copies by asking your line manager.

We encourage your participation in reporting hazards, so that defects or hazards can be quickly identified and remedied before they can cause injury or ill-health to you or your colleagues.

## Consultation

To promote your involvement in the health and safety of the organisation we provide various formal opportunities for staff consultation. Between those opportunities you should raise any general concerns about health and safety at work with your supervisor or manager.

Every effort will be made to provide consultation and communication on important health and safety issues such as:

- Risk assessments and subsequent safe systems of work.
- Workplace hazards.
- Emergency procedures.
- New working practices and new work equipment.
- Workplace welfare issues.

## Occupational Health

Hazards that have the potential to harm your health, or anyone connected with our activities are identified in our risk assessments.

It is our policy that we only use substances hazardous to health where there is no alternative safe substance that could be used. Where we have to use hazardous substances we always try to use those that present the lowest level of risk to people who use them.

Where risk assessment identifies the presence of occupational health hazards and risks we will always implement suitable control measures. Where occupational health surveillance is recognised as being able to recognise and protect against ill-health appropriate systems will be implemented. You will be told if you need to be involved.

We anticipate that you will cooperate and take part in health monitoring which will be for your benefit. The specific results of any monitoring carried out by a registered occupational health practitioner will always be confidential.

We also expect you to follow our rules for managing and controlling the spread of societal illnesses whilst at work.

## Risk Assessments

We carry out the process of risk assessment to reduce the risk of injury and ill health, and identify:

- The significant hazards that you may be exposed to.
- Who could be harmed and how.
- The likelihood of anyone being harmed by the hazard.
- Existing control measures.
- What (if any) further actions are required.
- Appropriate safe systems of work and necessary training.

For further information on risk assessment and to view those relevant to your work you should speak to your supervisor or manager.

## General Safety Rules

### These rules apply to employees, visitors and contractors

1. Obey all rules, signs and instructions.
2. Attend for health and safety training or induction as instructed.
3. Do not attempt any work or work activity for which you have not been trained.
4. Ensure that all equipment used is in a safe condition.
5. Wear Personal Protective Equipment as specified.
6. Do not enter any areas to which you are unauthorised.
7. Report all accidents, incidents, hazards and near misses to the person in charge as soon as possible after the incident.
8. Do not smoke in the workplace. This includes e-cigarettes.
9. Maintain good housekeeping at all times.
10. Keep pedestrian and vehicle traffic routes clear at all times.
11. Follow site traffic rules, including speed limits and one way systems both at our premises and at our clients' premises.
12. Do not drive any vehicle for which you have not been specifically trained and authorised.
13. Do not walk in the warehouse unless you are authorised and wearing high visibility protective clothing.

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## HAZARD REPORTING FORM

Use this form to report workplace hazards unsafe working conditions or practices that you are not able to correct for yourself or are not within your area of responsibility. If you have a suggested solution or remedy, please let us know about it. To report a hazard please follow the procedure explained in your Safety Handbook. Should you need additional copies of this form or would rather not use the one from this booklet you can get additional copies by asking your line manager.

Report date: \_\_\_\_\_

Hazard location: \_\_\_\_\_

Hazard description: \_\_\_\_\_



Suggested solution: \_\_\_\_\_

What is your name? (not compulsory): \_\_\_\_\_

### For employer's use

Action identified as necessary:

Action allocated to: \_\_\_\_\_

Target date for completion: \_\_\_\_\_

Employers should copy basic details of this hazard report to form HL, Hazard Log, which will act as a running record and give an oversight of all hazards reported.

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Form ESH1

Newland Express Transport Ltd

**EMPLOYEE CONFIRMATION OF RECEIPT AND CONTENT OF EMPLOYEE SAFETY HANDBOOK**

Please read the notes below, then sign and date this form

**Part 1**

Newland Express Transport Ltd has prepared a Health and Safety Policy. This form is to let you know that the sections of the Policy affecting you are contained in the Employee Safety Handbook. Should you wish to see the complete Health and Safety Policy this can be arranged; ask your line manager. They will arrange for it to be made available. Please read the Employee Safety Handbook and take time to understand it. Raise any questions about the content with your manager. Then read and sign part 2 and return it to your manager.

**Part 2**

I have read my Employee Safety Handbook. I understand, accept and will comply with the contents. I understand that compliance with the rules and conditions set out forms part of my contract of employment. I will keep myself aware of its contents and any updates I am told about.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Department: \_\_\_\_\_

**Note:** Note: By law, employers must give employees relevant information about their health and safety policies, procedures, and safe working systems. The same legislation requires employees to follow safety rules, procedures and instructions set by their employer. Employees should confirm that they understand these matters. Should you refuse to sign this document, the contents will be read to you and this will be recorded by your manager.

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