

SAFE WORKING PROCEDURE

Handling Strengthening Bars

Purpose

To ensure trailer strengthening bars are handled safely and to reduce the risk of injury.

Hazards

- Manual handling injuries.
- Trapped fingers.
- Falling bars.
- Slips, trips and falls.

Personal Protective Equipment (PPE)

- Safety footwear.
- Hi-visibility clothing.
- Gloves.

Safe Working Procedure

1. Assess the weight and condition of the bar before handling.
2. Adopt a stable stance and use correct lifting techniques.
3. Lift using both hands where possible.
4. Keep fingers clear of locating brackets and securing points.
5. Remove bars carefully to avoid striking nearby persons or equipment.
6. Store removed bars securely in the designated storage location.
7. Ensure bars are correctly seated before securing.
8. Do not throw, drop or slide bars into position.
9. Seek assistance if a bar is damaged or difficult to handle.

Manual Handling Guidance

- Keep the load close to the body.
- Avoid twisting while carrying.
- Use team lifting where necessary.
- Do not attempt to catch a falling bar.

Emergency Actions

Report any injury, damaged equipment or unsafe condition immediately.